



Soroptimist International of Grass Valley

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www.soroptimist.org soroptimistsnr.org

August 2024 Newsletter

SIGV Calendar

Wednesday - Sunday,

August 7th - 11th

NC Fair Booth

Chicken Teriyaki Bowl

SignUp Genius -

Book your shifts!

Questions?

Email: mtstina@gmail.com

Monday, August 12th

Board Meeting

Tina Skrukud's Office

Verger Mortgage

4:45 - 6:30 pm

All members welcome!

RSVP to Kate or Bonnie

If attending,

Saturday & Sunday,

August 17th & 18th

SNR Development Retreat

Atlantis Casino Resort Spa

Reno, Nevada

All members invited to attend.

soroptimistsnr.org/events/sdr2024/

August Birthdays:

Kate Richiger - 12th

Kim Wydra - 14th

Donna Kettlewell - 17th

Planning Ahead:

Thursday, September 5th

Business Meeting

Inductions

Paint, Sip & Snack

A Fun Activity!

5:00 - 7:00 pm

NCCA

Monday, September 9th

Board Meeting

Tina Skrukud's Office

Verger Mortgage

4:45 - 6:30 pm

All members welcome,

RSVP to Kate or Bonnie

if attending,

Friday - Sunday,

September 19th - 22nd

Draft Horse Classic

Teriyaki Booth

Co-President's Message

Thank you for the awesome privilege of representing SIGV at the 48th Biennial Convention. Amazing opportunities is the message I took away from the inspiring four days in Bellevue, Washington. From informative meetings, dynamic speakers, interactive workshops and most importantly from connecting with hundreds of phenomenal women from clubs across the US and Pacific, I learned about the many resources and systems available to support our mission, enhance our activities and motivate our members. We are definitely not alone in our efforts to empower women and children.

The lasting impression will always be the Soroptimist International Big Picture. Our work in Nevada County makes a difference on our global community. The collective impact is impressive. This year 1,170 clubs gave over \$3,000,000 to 2,174 Live Your Dream recipients. Since 2015, 137,000 girls from 15 countries participated in Dream It Be It.

We are part of a strategic international organization pursuing an audacious goal. Investing in the dreams of a half a million women and girls is intimidating! But what an honor to be part of this challenge. We are on a daunting mission with over 25,000 members across North America, Latin America and the Pacific Rim. SI provides the roadmap and programs. However, despite SI support, over 25,000 members and 1,139 clubs, the individual, that means you, is essential to achieving success.

This is where the amazing opportunities comes in. During these "dark" months of summer the Board is calendaring programs, events, training and (hopefully) efficient Business Meetings to support our mission. Your talent and time is the heart of our calendar. Nothing happens without you! From the long list of activities offered by our club, the Sierra Nevada Region and SIA, there is an opportunity for you to make an impact. SIGV looks forward to a great year. Amazing opportunities await us!

See you at the Nevada County Fair,

Kate & Bonnie, Co-Presidents

White Barn Project

Our Distribution Day on July 10th was very successful, serving 73 kids with their uniforms for the Fair. Fifteen families were new to the process and very grateful for the free clothing. Many parents expressed relief at having some of the expenses taken care of.

Thank you to Kate L, Candice, Kim and Charlotte, Trish and Tasha. Tasha provided her expertise for Ag families and drummed up business posting on her 4H site. Candice, our newest member, took the soiled clothes and washed them to be ready for the Fair.

Our next event is Community Day on July 29. At this time, SIGV will receive White Barn items and give participants discount coupons for admission. There will be a Signup genius going around for the fair, but we are aware that our Teriyaki booth takes precedence so 4H moms and Lynn Costa are filling in.



Fair Booth Teriyaki Bowls

The fair committee is ready for the fair and we have a dedicated working committee this year! Tina Skrukud is the Chair (since 2010) and Marlene Sharon is Co-chair (since 2023!) This year the four new members on the committee, Tessa Devere, Kim Jones, Kristin Plante and Shauna Vance have had great ideas for the fair booth. Sign-up to volunteer and see the new, great look! Changes and updates include rewriting the day chair instructions, redoing the in-booth posted cooking instructions, adding tile behind the steam table and cooktop. Tessa is putting together a slide show for the booth. Kristin took on updating the fair schedule, Shauna is working on the closing instructions and the cashier check-list. Kim is working on the day chair instructions.

With the funds from the Fair Booth, our club can award many Grants and Scholarships. The 2023-24 Club year we awarded over \$10,000 in Grants and Scholarships. The community and awardees benefit from the Fair Booth sales. Other non-profits also benefit from our hard working fair booth volunteers. Our Fair Booth profits have transformed women's lives. I am proud to be a member of this very active project oriented club and happy to volunteer for our #1 Fundraiser - the Fair Booth!

We do need you to volunteer too! The shifts are two to four hours long and day, afternoon or evening shifts are available. The booth is air conditioned, and volunteers get free drinks and a teriyaki bowl at the end of their shift. And then you still have time to enjoy the fair! Nevada County Fair has been voted one of the Top 10 Most Beautiful Fairgrounds in the United States. So please ask your family and friends to volunteer at the fair. Use Sign-up Genius or contact Tina Skrukud to sign-up. mtstina@gmail.com We have 100 spots and 25 more to fill (as of July 24th).

Submitted by Marlene Sharon

BE INSPIRED: EXPLORE, LEARN, GROW

A DAY *for* WOMEN

SATURDAY SEPTEMBER 14, 2024

sierracollege.edu/dayforwomen

BROUGHT TO YOU BY SOROPTIMIST INTERNATIONAL OF GRASS VALLEY AND THE SIERRA COLLEGE FOUNDATION



A Day for Women is Almost Here!

We will be asking members to advertise the DFW on their social media platforms, as well as inviting people to come to the event. There will be brochures available to distribute in places that cater to women and we will also have them at the Fair.

It is imperative to secure attendees, as our sponsorships did fall short of projections. Please start reaching out to friends and tell them what a fantastic day is planned.

If you would like brochures and posters to distribute or post, or other questions, please contact Judy East.





CELEBRATE YOU.

A DAY FOR WOMEN

Will be a special day offering opportunities to learn and explore something new. Come experience several one hour classes in areas such as Personal Growth, Creativity, Food, Gardening, Technology and more. This is a day especially for you...

Event

Date: Saturday, September 14, 2024

Time: 8:00am–3:00pm

Location: Sierra College
Nevada County Campus
250 Sierra College Drive
Grass Valley, CA

Cost: Price for the all day event
\$50 per person, lunch included
(\$55 at the door)

All profits from the event go to support Soroptimist International of Grass Valley's service projects for women and children and Sierra College Foundation NCC programs for students.

sierracollege.edu/dayforwomen

REGISTER NOW!



Easy online registration at
www.sierracollege.edu/dayforwomen

Questions? www.sigv.org
or contact
sigrassvalley@gmail.com



Schedule

8:00–9:00am REGISTRATION

9:00–9:15am INTRODUCTION

Karen O'Hara, Executive Dean, Sierra College,
Nevada County Campus

Logistics, Judy East, Chair, A Day for Women

9:30–10:30am WORKSHOP SESSION ONE

Fall is for Planting Emil Baldoni

Exploring Open Spaces and Wild Places Erin Tarr

Harnessing Your Hormones with Nutrition Tiana Rockwell/
Erin McCarthy

Tips for Strong Relationships Meg Luce

Simplify Your Spending and Savings Strategies Heather
Thorpe

Building Community Through Dog Ownership Taylor Davis

10:45–11:45am WORKSHOP SESSION TWO

How to Talk to Your Doctor Polly Conley

Elevating Elegant Communication Machen MacDonald

Don't Get Scammed! Melissa Hannebrink

Be Sensational at Scheduling Kimala De Sena

Yes! Yes You Can (Run) Karen Henderson

12:00–12:45pm LUNCH, NETWORKING

1:00–2:00 pm WORKSHOP SESSION THREE

Becoming Empowered Behind the Lens Joy Porter

Declutter, Simplify and Waste Less Michelle Bielby

Fear Not! Public Speaking Made Easy Gale Pylman

Qi Gong Homer Nottingham

What Did I Come In Here For? Judy Kautz

Wired That Way: Discovering Your Personality Style
Meleesa Pellerino

2:15–2:30pm CLOSING AND RAFFLE PRIZES



Zero Waste Club Kit Fundraiser

Zero Waste Kits are *still available* to purchase! All money goes to the Delegate's Fund. The kits are a sustainable way to attend club meetings without using paper and plastic products that end up as waste in our landfills. The kits save the club money by not having to purchase single use plates, cups and cutlery. The kits are created with up-cycled thrift store items and all items are purchased locally. Each kit contains a plate, bowl, cup, coffee cup, silverware, napkin, tea towel and a tote bag.

Make a difference for the planet, the environment and for our community by supporting sustainability.

Marlene Sharon, Delegate

\$20.00 to SIGV

Order msharon@mac.com

SIA Biennial Convention July 2024



Co-President Kate LaFerriere
Past President Lynn Costa-Mehrens

New
Club
Friends



SIA Clubs
Phillippines and Korea



2024-25 Board Installation June 27th



Front Row L-R: Judy East, Kristina Shramek, Fran Freedle
Back Row L-R: Kim Wydra, Kate LaFerriere, Marlene Sharon, Debbi Sutton,
Bonnie Resendes, Kim Jones
Below: Installation Officer, Sandy Terrell



Jessie Hughs Award Winner - Tina Skrukrud



Tina Skrukrud is dedicated, selfless and hard working - in sickness and in health. Her tireless efforts managing the club's Nevada County Fair booth, our biggest fundraiser, reap big rewards for the club's projects. Tina does all the ordering of ingredients for our famous Chicken Teriyaki Bowls. She has developed a great rapport with all the food vendors and negotiates deals and deliveries. We never run out of sodas, ice, waters and condiments; she seeks out environmentally friendly paper products and cutlery. She also manages the staffing schedule, recipes and fair booth rules. Cleaning products and dish towels magically appear along with our Soroptimists aprons. She has established great working relationships with the other Fair non-profits and the camaraderie and sharing makes us stand out amongst vendors. The five days of the fair run so smoothly with Tina's expertise. She cultivates a Fair crew and we all enjoy working with her!

Tina shares her office, Verger Mortgage, with our club for Board meetings and projects meetings. This free space lends itself to productive meetings and allows our community service projects to be forefront and the fair profits to be spent on the projects. Tina is well known in the community. Her access to local stores and services aids the clubs in other projects. Food for the Outstanding Effort Award was negotiated by Tina. She served 30 people at this wonderful event. Another kudo, Tina has offered her property and office for the club's storage. Tablecloth, tables, decor, signs, banners, files and more! She is always willing to help in so many ways. When I rejoined the club I knew immediately I wanted to work with Tina and on Tina's projects. She is organized, efficient and tireless. There isn't anything Tina won't do to help the club and community.

Submitted by Marlene Sharon

Thank You to Our Sponsors!
 We are accepting New & Returning Sponsorships for our 2024-25 Club Year. \$50.00 includes your Business Card in 12 Newsletters and also available on our Website. Sponsor Fees Due September.

HEALTHY BABIES
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Debbi Sutton
 Administrative / Reporting Asst. and Family Resource Specialist

debbi@caofnc.org
 Office: 530-265-9550 ext. 237 Cell: 530-388-4980

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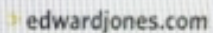
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Edward Jones

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 Judy East, designer

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 Mountain Treasures on Facebook

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